EXTREMELY STRONG EMOTIONS AND BODILY SENSATIONS
FEELING UNLOVABLE, DAMAGED, SOMETHING WRONG WITH ME

ADULT HOOD
EARLY CHILDHOOD

KELLY BOHNHOFF
PHD, RN, LMFT, ACTP, CLNC
JOSEPHINE'S CLINIC, INC.

COMPLEX-TRAUMA COMPLEX-PTSD
PTSD WITH SIGNIFICANT EMOTIONAL DYSGRAULITION

POOR PARENTING SKILLS NO ATTACHMENT
ABUSE NEGLECT DYSFUNCTION
COGNITIVE STYLE COPING STRATS. POOR MENTAL HEALTH

ADVERSE CHILDHOOD EXPERIENCES (ACES)
abuse, violence, neglect

COGNITIVE STYLE COPING STRATS.
POOR MENTAL HEALTH

TRAUMA TREE

NO SHAME + WOUNDED HEALER + APPRECIATIVE INQUIRY LANGUAGE
using Wounds to SERVE OTHERS "RULING WITH HEART"

TRIUMA INFORMED CARE IS A GOOD MODEL

ATTACHMENT THEORY
TRAMATIC MICRO INTERACTIONS BUILD UP
EPIGENETICS TRAUMA?

TOO LONG TO BUILD A BRIDGE TO MY HUSBAND

THE EFFECTS OF CHILDHOOD TRAUMA ARE EVIDENT, THEY SHOULD NEVER BE MISDIAGNOSED

MYRIAD OF ADULT PROBLEMS

WOUNDED HEALER "RULING WITH HEART"}

"...to walk alongside those...as...they discover their strengths, resiliency, sacred gifts and unconditional love so they can truly have for themselves and those they love."

RULING WITH HEART